# Heel and Sit News



## THANKSGIVING DANGERS, HAZARDS, AND SAFETY TIPS FOR YOUR DOG

It's the day after Thanksgiving. Where would you rather be – lounging on the couch with your dog sleeping on the floor next to you, hitting the after-Thanksgiving sales – or at the vet's office praying that your dog survives or searching the neighborhood because he has escaped? I know where I wouldn't want to be!

You can avoid Thanksgiving tragedy by being aware of the hazards and dangers to your dog and practicing a few safety tips.

Dogs like predictable routines, and Thanksgiving is not predictable. There's lots of people coming and going, meals are prepared and eaten at odd hours, there's lots of tempting food sitting around in bowls just waiting to be scarfed down. Dogs can get overly excited or nervous – and some dogs who are on the nervous side may get

aggressive because the added stress simply "puts them over the top."

If you know what to look out for ahead of time and how to prepare, then \*you\* won't have (much!) added stress. So here's some tips for you so everyone can have a safe Thanksgiving.

PREPARATION FOR YOUR DOG You're going to have a lot going on, especially if you're cooking dinner. But please don't neglect your dog! Keep to his regular schedule as much as possible. If you can't walk or exercise him, look into getting a family member, neighbor, or a dogwalker. Be sure to exercise him before your guests arrive – tire him out, but don't go overboard.

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## What's Happening....

The Newsletter is getting a make over!! We hope you will enjoy it, and as always, we LOVE receiving articles, article suggestions, stories and we will have a place for BRAGS! Doesn't matter how big or how small the brag, send them on. We are also working on keeping the GSLDTC's Facebook page up to date with meeting dates and upcoming events.

#### SAVE the DATE Jan 31, 2014 Please join us at the annual Awards Banquet.

Club will provide Prime Rib, and drinks, everyone please bring a side dish to share. Cost is \$10.00 per person, to cover the cost of the prime ribs. The Awards Banquet will be held in the same place it has in the past. At the Bicentennial Indoor Pavilion located at 530 East 8680 South, Sandy, UT. And for those that came last year, YES 8680 South IS the correct address.

made sure I double checked and am so sorry we gave an incorrect address last year! NO ONE gets lost this year!

I have included the Awards Application form on page 6. For ANY titles, certificates and awards your dog/s have earned in 2014, please fill out 1 form per dog and send to Catherine. Address is on the form. **Deadline to get forms to Catherine to be honored at the Awards**Banquet is Jan 15, 2015













#### You MUST make a reservation for the Awards dinner. Please email or call Michelle @hippoml@yahoo.com, 801-541-1207 or Stephanie @dashitall@netzero.com, 801-967-

9705. Deadline for reservations are

Jan 15, 2015

It's **Membership RENEWAL** time!! Check your inboxes and get those renewals filled out and sent in by **Dec 31, 2014** 

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### THANKSGIVING DANGERS



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Dogs talk to us all the time and tell us they are stressed, but we often misinterpret what they are saying because we use our frame of reference – which is only human! What we intend and how our dogs interpret what we do many times are two different things. For example, most dogs don't like to be hugged. To them, it's a threat. What do children, especially little girls, absolutely LOVE to do to dogs? – hug them.

DON'T EVER LEAVE CHILDREN AND DOGS UNSUPERVISED, NOT EVEN FOR A SECOND. Even a dog who normally likes children may be so stressed with all the Thanksgiving commotion that he can't cope and end up biting.

If your dog is normally well behaved, you may ask yourself what's gotten into him because he's out of control. A normally calm dog may be nervous, and a normally friendly dog may be shy.

**Prepare a dog safe-room** away from all the commotion with his bed, water, and classical music. Give him a scrumptious treat-filled toy – perhaps stuffed with pumpkin or carrots – such as a frozen Kong that he can chew both to relieve his stress and for the fun of chewing. He may need more water than he usually gets because dogs pant more when they are excited or stressed or someone may tip his water bowl. So check it to be sure he has water.



Be sure your dog is wearing dog tags just in case he slips out an open door or gate. If you are going out for Thanksgiving dinner or a parade, please leave your dog at home.

Finally, just for peace of mind, be sure you have your vet's phone number and the name and address of the nearest emergency veterinary hospital.

WHILE YOU ARE PREPARING THANKSGIVING DINNER, keep dogs out of kitchen! If your dog stays out of the kitchen, this prevents:

- Burning from hot liquids or food
- Injury from something falling on your dog such as knives or pots
- Your tripping over him

If you are frying the turkey or grilling any meats, keep your dog away from the fryer or grill where he could easily run into those or jump on them and get severely burned.

Keep all pot and pan handles on the stove turned inward.

Keep food away from doggie thieves by covering it and placing it out of reach of countertop and table edges.

After you've cooked the meal and \*before\* you sit down to eat, throw out all food and food-related garbage. Put something heavy such as a brick on top of your garbage can outside to ensure the lid will not come off. If you have a lot of other trash, then put it in your closed garage or storage area away from your dog until garbage collection day.

To read more about the dangers and get more tips, please go to

http://www.doggiemanners.com/art\_thanksgiving\_dog\_dangers\_safety\_tips.html



Just a few changes and precautions can ensure you have a very enjoyable Thanksgiving.

We wish you, your family, your dog, and your guests the very best – and the very safest Thanksgiving!

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## Proposed Board Meeting Minutes of Oct 2014

Great Salt Lake Dog Training Club Oct 20, 2014 Board Meeting



Attendance:

Board Members:, Wendy & Jeff McCleery, Michelle Larsen, Tom McLelland, George & Dorathy Hart, Donna Smith, Stephanie Evans

Excused: Bob Elder, Judy Campbell, Christine Wright, Catherine Beattie, Jeanne Rankin, Darlana Quinn

Guests: Linda McLelland, Rich & Irene Lokcik

Meeting brought to order @?

Minutes of Sept 2014 Board meeting approved as submitted. Penny 1st – Michelle 2nd

President's Report:

Passed around Thank You cards from Judy Boles & Bob & Katie Elder. Penny will contact final people nominated for the upcoming elections to be voted on at the Oct General Meeting.

**Executive Secretary's Report:** 

Ready to get judges for the Sept 2015 trial.

Motion made that agility entries should be \$20.00 1st entry and \$12.00 for additional entry. No package pricing. Also \$20.00 1st entry to Obedience and Rally and \$15.00 for additional entry. Dorathy 1st, Donna 2nd, no opposed, motion passed.

#### **Home Secretary Report:**

Excused

#### Treasurer's Report

Everything is paid but a couple tracking items.

#### Vice President's Report:

Intermountain Therapy Dogs will be the guest speaker for the Oct General Meeting.

If anyone has ANY suggestions, topics or persons they would like to see speak/present at any of our General Meetings, Please contact Penny@ pennlcm@yahoo.com.

**Show Report:** 

Need to buy some more baby gates for Rally and metal uprights. Talked about what equipment needs to be upgraded.

Training Report:

Intermediate classes through Nov @ 7:45 pm for \$25.00. NO CLASSES IN DEC! Tom will instruct the intermediate classes in Jan. Annual Boo Tique will be Oct 29th!

Thanks for the tracking food. Next up will be the annual Awards Banquet. Jan 31, 2014. George talked about meat choices.

#### **Trophy Report:**

Getting ready for the Awards Banquet.

#### Committees:

Advertising – Festival of Trees is coming up again. Theme is Our Best Friend and it will be "in Memory of Marie Welsh", so doing "scottish plaid".

<u>Agility</u> — Classes will start up in Feb, indoors
<u>Obedience</u> — All good until May 2015

Rally -Ditto on above

Tracking – AWESOME VST test. To bad no one passed.

Old Business: None New Business: None

Next Board Meeting: Nov 17, 2014 @ Wendy McCleery's -7:30pm Next General Meeting: Oct 27, 2014 @ Columbus Center (in the Gym) -7:00pm

Motion made to adjourn Michelle1st - Penny 2nd Meeting ended at 8:32pm

Minutes submitted by Wendy McCleery.

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### **Proposed General Meeting Minutes of Oct 2014**

Great Salt Lake Dog Training Club General Meeting Oct 27, 2014

Member Attendance:, Michelle Larsen, Tom & Linda McLelland, Judy Campbell, Donna & Jack Smith, George & Dorathy Hart, Rich & Irene Lokcik, Darlana Quinn, Christine Wright, Kathleen &

Sean Jones

Board Members Excused: Bob Elder, Wendy & Jeff McCleery, Catherine Beattie, Penny Morrison

Guests: Linda & Letitia Marshall, KC Owens, Emily Mellor, Kurt & Amber Sowles

Meeting to order 7:04pm for Elections

Nominating Committee Members: Penny Morrison (Chair), Irene Lokcik, and Jack Smith.

Proposed Slate:

Officers:

President- Tom McLelland

Vice President- Penny Morrison

Treasurer- Donna Smith

Ex Secretary- Dorathy Hart

Home Secretary - Judy Campbell

No nominations from the floor, all in favor of the slate, no opposed, the proposed slate of officers are accepted.

#### **Board of Directors:**

Training - Jeanne Rankin & Wendy McCleery

Hospitality - Michelle Lasen, Stephanie Evans (2013)

Show - Jeff McCleery (2013), Bob Elder

Trophy - Catherine Beattie, Christine Wright (2013)

No nominations from the floor, all in favor of the slate, no opposed, the proposed slate of Directors are accepted.

Election meeting closed 7:10pm to give the floor the our guest speaker, Intermountain Therapy Dogs.

General Meeting opens 7:53pm

Minutes:

General Meeting minutes for Sept 2014 not sent, so can not be approved.

#### President's Report:

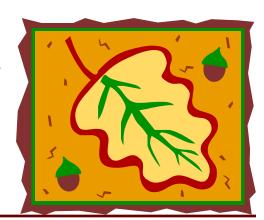
Welcomed all guests. Tom received an email from someone who attended the Oct Class sign ups asking if George could come to her classroom to do a demo like he does at the club.

#### **Executive Secretary's Report:**

Nothing

### Home Secretary's Report:

Voted in 4 new members in. All agreed, no opposed. Welcome new members!



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A note to all New & current members: You can find a copy of the clubs Constitution and By Laws, along with all meeting minutes on the clubs website @ <a href="http://gsldtc.com/">http://gsldtc.com/</a> under "Members Page".

#### Treasurer's Report

Everything has been paid to date, except a few tracking items.

#### Vice President's Report:

Excused, George Hart asked if anyone would be interested in a talk about "Getting your dogs attention"? If so, he would be happy to do it for the Nov General Meeting.

If ANYONE has any suggestions on a topic or a person they would like see speak at any of our General Meetings, please let Penny know @ pennlcm@yahoo.com

#### Show Report:

Just completed the VST test, no passes.

#### Training Report:

Nov sign up will be for 4 weeks only. CGC test Oct 29th, 7:45pm

#### Hospitality:

Jan 31, 2015 will be the date for our Annual Awards Banquet. Club will provide Prime Rib, and drinks, everyone please bring a side dish to share. Cost is \$10.00 per person, to cover the cost of the prime ribs. The Awards Banquet will be held in the same place it has for the last 3 years. At the Bicentennial Indoor Pavilion located at 530 East 8680 South, Sandy, UT Watch for more info to come.

Christine Wright will bring cookies in Nov

#### **Trophy Report:**

Excused, Judy will update Awards application, due back to Catherine by Dec 20th.

#### Committees:

Advertising – Festival of Trees coming up, theme is Our Best Friend and will be "In memory of Marie Welsh", will be doing some "scottish plaid". Tree decorating takes place the Sat after Thanksgiving at Wendy's house. 6pm

Agility – Agility classes start back up in Feb, indoors.

Obedience - Nothing until May 2015

Rally - Ditto on above.

Tracking – Please contact Wendy or Michelle if you are interested in tracking on the weekends.

Old Business: None

New Business: None

Next Board Meeting: Nov 17, 2014 @ Wendy McCleery's -7:30pm Next General Meeting: Nov 24 2014 - Columbus Center 7pm. In the Gym.

Michelle motioned and Jack 2nd for meeting to adjourn. All in favor. Meeting adjourned at 8:22 pm.



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### Awards Application Form

Please use this form to apply for awards for any AKC or AMBOR titles you earned in 2014, and to apply for recognition of any non-AKC titles you earned (i.e., ASCA, UKC). Use one form per dog for any and all titles that dog earned. If the title earned is not on the abbreviation list, please write out the title name and the abbreviation. Also whether it is an AKC, UKC, NAVHDA, etc title.

Please be sure to get this form to Catherine Beattie, 1749 Lyndi Lane, Saratoga Springs, UT 84045, by **Jan 15, 2015**. You can contact Catherine at 801-450-0804 or mcbride.catherine@gmail.com. **Please Print!** 

Dog's registered name:			
Dog's call name:			
Breed of Dog:			
Title(s) Earned:			
		eve them listed on pedigrees, certificates, and in ed below are <b>some</b> of the various AKC titles with	
As a Prefix (before the name)	CGC Canine Good Citizen	OFP Open FAST Perferred	
AFC Amateur Field Trial Champion	CGCA AKC Community Canine	PAX Perferred Agility Excellent	
Ch. Champion (conformation)	GN Graduate Novice	PCD Pre-Companion Dog	
CT Champion Tracker (TD, TDX & VST)	GO Graduate Open	PCDX Pre-Companion Dog Excellent	
DC Dual Champion	HI Herding Intermediate	PUTD Pre-Utility Dog	
FC Field Champion	HT Herding Tested	RN Rally Novice	
GCH Grand Champion	HX Herding Excellent	RA Rally Advanced RE Rally Excellent	
HC Herding Champion	JC Junior Courser	RAE Rally Advanced-Excellent	
MACH Master Agility Champion	JE Junior Earthdog	SC Senior Courser	
NAC National Agility Champion NAFC National Amateur Field Champion	JH Junior Hunter	SE Senior Earthdog	
NFC National Field Champion OTCH Obedience Trial Champ	JHA Junior Hunter Advanced	SH Senior Hunter	
	LCX Lure Courser Excellent	SHA Senior HUnter Advanced	
PACH Preferred Agility Champion TC Trip. Ch (Ch, FC, OTCH)	MC Master Courser	T2B Time to Beat	
	ME Master Earthdog	TD Tracking Dog	
As a suffix (after the name)	MH Master Hunter	TDU Tracking Dog Urban	
AJP Excellent Agility Jumpers w/weaves	MHA Master Hunter Advanced	TDX Tracking Dog Excellent	
AX Agility Excellent	MJP Master Excellent Jumpers w weaves	THD Therapy Dog Title UD Utility Dog	
AXJ Excellent Agility Jumpers	MX Master Agility Excellent	UDX Utility Dog Excellent VST Variable Surface Tracker	
AXP Agility Excellent A Preferred	NA Novice Agility	VS1 Variable Surface Tracker Versatile Companion Dog	
BN Beginner Novice	NAJ Novice Agility Jumpers	Versatile Comp. Dog 1-4 (VCD1-4)	
CA Coursing Ability	NAP Novice Agility Preferred	XF Excellent FAST	
CAA Coursing Ability Advanced	NF Novice FAST	XFP Excellent FAST Preferred	
CAX Coursing Ability Excellent	OA Open Agility	FDCh Flyball Champion	
CD Companion Dog	OAJ Open Agility Jumper	RATN Novice Barn Hunt	
CDX Companion Dog Excellent	OF Open FAST	RATO Open Barn Hunt	

Your name:



### **Members Page**

Yep, you are reading that correct! A WHOLE page just for you!!! Now help me fill it up with Brags, stories, etc.

Here's some to get you started:

Submitted by **Linda Cornella** I wanted the members of the club to know I am selling dog beds. This dog bed can be fit for all breeds, it comes with different fabric, colors, sizes, indoor, outdoor and so forth. <a href="https://www.dogbed.us/17992">www.dogbed.us/17992</a> or <a href="https://www.dogbed.us/17992">800-752-5308</a> ext. 103 (Kuranda Dog Beds)

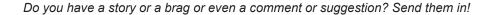
Here is the information all you have to do is place orders on this website or over the phone www.dogbed.us/17992 ask for Beth Klein

Wendy McCleery's Harrier, Walker is cleaning up the show ring traveling around the West with his "bud" Luke. Walker has been awarded NUMBEROUS group placings along with a BEST IN SHOW. HUGE Congrats to them!!

Sheryl Hohle and her Vizsla girl, Perp are ranked #1 in the AKC Owner Handler Series. A HUGE Congrats to them for accomplishing this in what many feel are the "pro handler" games.



Saturday after Thanksgiving, anyone who wants to help decorate the tree for the Festival of Trees, please contact Wendy McCleery @ happytails8@comcast.net. They will be decorating it at Wendy's house @ 6:30pm. The theme is "Our Best Friend" and will be "In memory of Marie Welsh", a lifetime member of the club who passed away last Jan. Marie's breed was Scotties, so we will be doing some "scottish plaid". Hopefully someone will get pictures of the tree and I will place them on this page for all to see.



Does anyone have any favorite dog recipes to share? How about favored sites to shop for our 4 legged friends? There are many out there and with Christmas coming up, now is the time to get those Christmas Lists checked off. I know of several sites that give a donation to rescues, if the rescue has signed up. If you know of any, please pass it along and we will get them listed here.

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## Thanksgiving-- A Dog's Point of View

As we bustle about making preparations for the perfect "turkey day", checking things off the list, rearranging our homes for guests, and stocking the fridge and cupboards with enticing goodies, I wonder how pets interpret all this. So instead of worrying how the dog will behave on Thanksgiving, let's look at it from his perspective. How does Fido deal with us, our guests, and, most of all, those tempting aromas wafting from the kitchen? As a dog, my first thought would be that whatever is going on is for ME. After all, my meals are prepared in the kitchen, yummy treats dispensed and crumbs snapped up as they drop to the floor. My powerful sniffer tells me I must be a very good dog for my humans to go to all this trouble. But what is taking so long? I've been smelling turkey for hours and not

even a bite. Watching mom baste that bird is sheer torture....it keeps appearing and disappearing as I sit here salivating. I don't understand.

My vision isn't that good, but my nose connects me to the pies and casseroles on the counter, each with their own delectable scent. The scavenger in me says, "go for it", but I'm holding out for the treasure in the oven.

As strangers arrive they congregate in the kitchen... MY kitchen...where the feast of the decade awaits. Suddenly I'm in the way now and everyone keeps telling me to "go lie down". Why doesn't mom tell these intruders to go lie down so I can eat? I know what "leave it" means, but this is getting ridiculous. If I wander too close to the dining room table, "leave it"; if I sniff a guest (which is how I greet people), "leave it", if I even dare look at the sweet potatoes, "leave it". Suddenly I can't do anything right.

Some lady in a hat keeps shooing me away, afraid I'll either spill her drink or she'll get cooties, not sure which. I remember an old Newfy buddy getting even with an equally uptight guest. He flung a giant slimer that landed square on the back of her perfectly coiffed head. Everyone (except her) dissolved into laughter, telling him "good job". What a great trick.

But wait...I hear an "awwww" coming from the cluster of humans. There's a dog lover in the house. Uncle Billy feels my pain and gives me a biscuit. He's my new best friend. I'll need to stick close to him while the interlopers try to steal my dinner. The clatter of plates tells me the feast is moving from the kitchen to the dining room table. The turkey thieves have surrounded it like guards, blocking me with their chairs. Uncle Billy is my last hope. My pleading eyes start working their magic...he's caving...and I'm in the per-

By Karen Steinrock

Then a major setback-- the lecture about not feeding me table scraps. Rats. Mom's listing all the stuff I've been dreaming of all day....turkey bones, skin, gravy, stuffing, onions...or anything high in fat, salt, or sugar.

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fect spot.



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#### Continued from page 8

The vet told her I could get very sick or even die because my digestive tract cannot handle such rich foods. I didn't know that. Well there's always the trash, but she's got that covered too. Literally. The string, skewers, and turkey carcass are wrapped in foil, sealed in the only trash can I can't raid. My luck is running out.

Then a miracle. She looks at me adoringly and tells the group about my special Thanksgiving dinner which will consist of kib-



ble moistened with turkey broth, dotted
with pieces of white meat and carrots. For

I dessert, some special pumpkin doggie
cookies she baked just for me!
Uncle Billy will take me for a walk after

dinner and have me do tricks for the cookies. This may turn out to be the best

Thanksgiving ever. I'm one lucky dog!

## Dog Treat Recipes

# Turkey & Cranberry Dog Treat Recipe

#### Ingredients

1 cup whole cranberries 1 cup cooked, boned turkey 3-1/2 cups whole wheat flour 1 egg

1 tablespoon baking powder 1 tablespoon olive oil 1/2 cup water or broth as needed

If you're cooking your turkey as you make the treats, you can use the broth in this recipe. In that case, you probably won't need the tablespoon of olive oil. I was using frozen turkey so it was dry, and the recipe needed a little oil.

First, preheat your oven to 350 degrees and lightly grease two cookie sheets.

Next, mix the dry ingredients in a large mixing bowl. In a blender or food processor, add the turkey and egg (and some of the water or broth as needed). When the turkey is the consistency of baby food, add the cranberries and continue to mix until it looks like a smoothie:

Pour this mixture into the mixing bowl with the dry ingredients and stir to create a *thick* dough.

On a lightly floured surface, knead the dough. This is a heavy dough so you'll need to put a little muscle in it!

I used cookie cutters to cut the treats. (I bought a giant bin of cookie cutters at the thrift store the other day.

This one is supposed to be a turkey...although I couldn't really tell that...)

Put the treats on the cookie sheets and pop them in the oven for 25 minutes. I rolled out my dough pretty thick so the treats were slightly chewy inside.

Let them cool completely before serving them to your dogs or before refrigerating.

And the result? Although I'd been worried the dogs might turn up their noses at the cranberries, Irie and Tiki absolutely loved these treats...they gobbled them up! (Sorry...I couldn't resist...)

### Peanut Butter and Pumpkin Dog Treats

Ingredients, original recipes makes 25 treats
2 1/2 cups whole wheat flour (or you can use rice
or coconut flour)

2 eggs

1/2 cup canned pumpkin (NOT the pumpkin pie mix)

2 tablespoons peanut butter

1/2 teaspoon salt

1/2 teaspoon ground cinnamon

#### **Directions**

- 1. Preheat oven to 350 degrees F (175 degrees C).
- 2. Whisk together the flour, eggs, pumpkin, peanut butter, salt, and cinnamon in a bowl. Add water as needed to help make the dough workable, but the dough should be dry and stiff. Roll the dough into a 1/2-inch-thick roll. Cut into 1/2-inch pieces.

Bake in preheated oven until hard, about 40 minutes.



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#### Disclaimer

"Heel And Sit News" is mailed by the 10th of each month. Deadline for submission of articles and information for that issue is the 1st of the month. Opinions expressed in "Heel and Sit News" are not necessarily those of the Great Salt Lake DTC, the Staff, or the Board of Directors. Articles appearing in "Heel and Sit News" may be reprinted, provided credit is given the author and source. Materials submitted for publication in "Heel and Sit News" will be kept for 30 days following the mailing of the issue in which they appear. Following publication, materials will be discarded unless otherwise requested at the time of submission.

Please send submissions and Letters to the Editor, Marlene Fairchild, 419 Blaine Ave., SLC, Utah 84115. Phone: 485-2381. E-mail MFSAMMYDOG@AOL.COM.

For address changes, please notify Marlene (above) <u>AND</u> Judy Campbell, 14008 So. Point View Ct., Draper, Utah 84020 or wasatchmtnvizslas@gmail.com

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