

Heel And Sit News

NEWSLETTER OF THE GREAT SALT LAKE DOG TRAINING CLUB

What's Happening.....

Please mark your calendars!

August will bring our **Summer Picnic/General Meeting**. Yep, in August our General Meeting is a Summer Picnic, so mark your calendars now, Monday, **August 24, 2015 at Germana Park. 7pm**

More about the picnic on page 4.

September will bring **4 days of Agility trials and 3 days of Obedience and Rally** held in conjunction with the Bonnaville Basin Kennel Club shows.

Sept 10 - 13, 2015

The GSLDTC NEEDS you!!! In order to put on these shows, have them run smoothly and offer awards, we rely heavily on our members to volunteer as ring stewards and sponsor trophies. So here is the 1st call out for ring stewards. It's easy, fun and a great learning experience if you have ambitions to compete one day with your dog/s. **We need ring stewards for Rally & Obedience.** PLEASE message Donna at karyonwesties@q.com and or Michelle at hippoml@yahoo.com if you are able to give us some of your time.

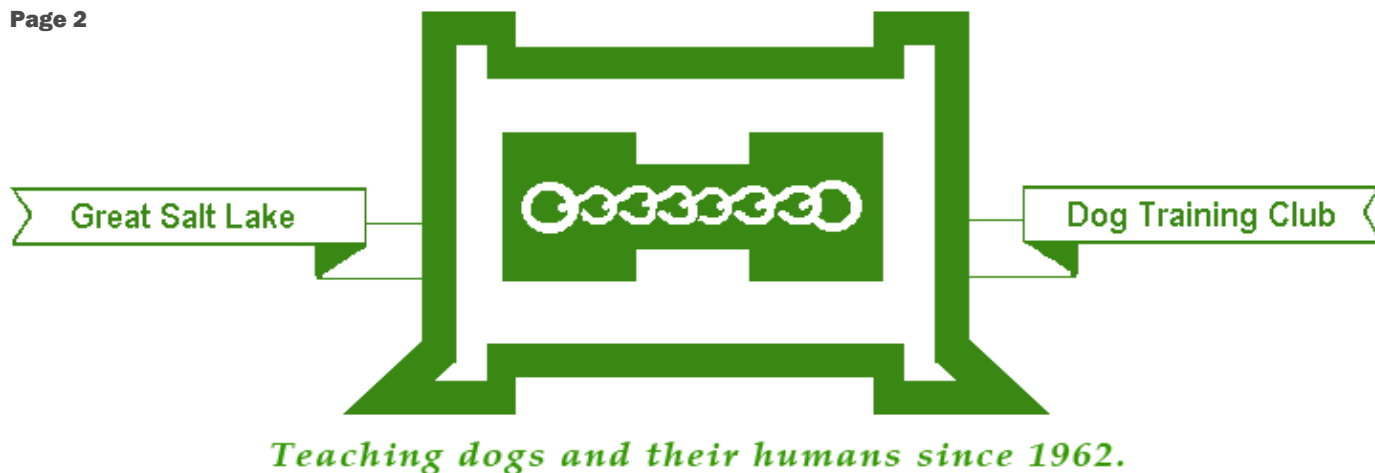


Trophy sponsors, we need those too, otherwise our exhibitors would not know how much the club appreciates them entering our trials and to congratulate them for all the hard work they have put in building a team with their dog/s. Sponsorships are \$10.00 per class per day. You can sponsor 1, 2 or all 3 days. Please email Catherine, mcbride.catherine@gmail.com with your questions or sponsorship, be sure to include your mailing address. **Thank You in advance!!!**



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Say hello to the NEWEST STAR Puppy and CGC Graduates! HUGE Congratulations to one and all!



STAR Puppy
Graduates



CGC Graduates



Understanding & Preventing Heat Stroke in Dogs

With the temperatures we've had already this summer, I felt this information may come in handy.



Hyperthermia is a term describing an elevation in body temperature. This increase typically occurs as a response to a trigger, such as inflammation in the body or a hot environment. When a dog is exposed to high temperatures, heat stroke or heat exhaustion can result. Heat stroke is a very serious condition that requires *immediate* medical attention. Once the signs of heat stroke are detected, there is precious little time before serious damage - or even death - can occur.

Dogs do not sweat through their skin like humans - they release heat primarily by panting and they sweat

through the foot pads and nose. If a dog cannot effectively expel heat, the internal body temperature begins to rise. Once the dog's temperature reaches 106°, damage to the body's cellular system and organs may become irreversible. Unfortunately, too many dogs succumb to heat stroke when it could have been avoided. Learn how to recognize the signs of heat stroke and prevent it from happening to your dog.

Signs of Heat Stroke

The following signs may indicate heat stroke in a dog:

Increased rectal temperature (over 104° requires action, over 106° is a dire emergency)

Vigorous panting

Dark red gums

Tacky or dry mucus membranes (specifically the gums)

Lying down and unwilling (or unable) to get up

Collapse and/or loss of consciousness

Thick saliva

Dizziness or disorientation

What to do if You Suspect Heat Stroke

If you have even the slightest suspicion that your dog is suffering from heat stroke, you must take immediate action.

First, move your dog out of the heat and away from the sun right away. Begin cooling your dog with cool water. You may place wet rags or washcloths on the foot pads and around the head, but replace them frequently as they warm up. Avoid covering the body with wet towels, as it may trap in heat.



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DO NOT use ice or ice water! Extreme cold can cause the blood vessels to constrict, preventing the body's core from cooling and actually causing the internal temperature to further rise.

In addition, over-cooling can cause hypothermia, introducing a host of new problems. When the body temperature reaches 103.9°F, stop cooling. At this point, your dog's body should continue cooling on its own. Offer your dog cool water, but do not force water into your dog's mouth. Try not to let your dog drink excessive amounts at a time.

Call or visit your vet right away - even if your dog seems better. Internal damage might not be obvious to the naked eye, so an exam is necessary (and further testing may be recommended).

Tip: recruit others to help you - ask someone to call the vet while others help you cool your dog.

Preventing Heat Stroke

There are ways you can prevent heat stroke from happening in the first place.

NEVER leave your dog alone in the car on a warm day, regardless of whether the windows are open. Even if the weather outside is not extremely hot, the inside of the car acts like an oven - temperatures can rise to dangerously high levels in a matter of minutes.

Avoid vigorous exercise on warm days. When outside, opt for shady areas.

Keep fresh cool water available at all times.

Certain types of dogs are more sensitive to heat - especially obese dogs and brachycephalic (short-nosed) breeds, like Pugs and Bulldogs. Use extreme caution when these dogs are exposed to heat.

Some dogs can recover fully from heat stroke if it is caught early enough. Others suffer permanent organ damage and require lifelong treatment. Sadly, many dogs do not survive heat stroke. Prevention is the key to keeping your dog safe during warmer weather.

GSLDTC's Annual Summer Picnic & August General Meeting

Monday August 24, 2015

Germania Park 7:00 pm

5243 S Murray Parkway Ave (1070 West)

The club will provide meat and drinks, please bring something to share and table settings for each person in your party. We ask that you contact Michelle to give a headcount, so we are sure to have enough meat.



We will also hold a Raffle! If you have anything you'll like to donate for the raffle, dog or non dog related, please contact Michelle at hippoml@yahoo.com Your well mannered dogs are welcome, but **MUST** be kept on leash.

I have had a few members comment on the Frosty Paw's recipe in last month's newsletter on how much their dogs love them. It was wonderful to hear that folks are trying the recipes I post. With the over abundance of heat we have had so far this summer, I have found and tried several different variations, to which my pack have enjoyed thoroughly! So I thought maybe yours would too!



STRAWBERRY BANANA PUPSICLES

What you'll need: banana, strawberries, plain yogurt, blender, ice tray

Directions

- Cut 1 banana and a handful of strawberries into chunky pieces
- Place fruit chunks and cup of yogurt into blender
- Blend away
- Pour into ice tray and freeze!

The below one by far was the absolute favorite of the pack.

Red, White & Blues: Frosty Treats

INGREDIENTS:

- 1/2 cup to a cup of plain yogurt
- 1/2 cup to a cup strawberries or you could use cranberries (I used frozen)
- 1/2 cup to a cup blueberries (I used frozen)

THATS IT!

Thaw your berries if you're using frozen ones.

Puree the berries with a stick blender or blender, or even

your fork and some effort will do it if they're from frozen, because they're so soft.

Layer them into your mold. I used a silicone bone mold, you could even use muffin tins. Fill each slot 1/3 full with strawberry puree. Freeze for an hour. Add yogurt to make it 2/3 full. Freeze for an hour. Scrape off any excess white yogurt from sides so you will be able to see all three layers. Fill to top with blueberries and freeze for at least five hours. You can reverse the strawberries and blueberries.

"Red, White & Blues"



Do you travel with your dog a lot, or have times when you just can't get him/her to drink, or drink enough water? Here is something I heard of and finally tried on mine, it REALLY helps! Frozen no salt Beef or Chicken Broth! I found no salt broth at Harmon's, I'm sure you can find it at other stores too. So I take the full carton of broth and add half a carton of water to it, you can also add in a bit of parsley, mix well and pour into ice cube trays. Once frozen you can put them all in a freezer bag for storage. When they won't drink I toss a cube or 2 in the water bowl and they go bobbing for it as they love ice cubes, but they are also drinking, the scent of the chicken or beef is to enticing not to!

Enjoy!!



Proposed Board Meeting Minutes of June 2015

Great Salt Lake Dog Training Club June 15, 2015 Board Meeting

Attendance:

Board Members: Wendy & Jeff McCleery, Michelle Larsen, George & Dorathy Hart, Donna Smith, Christine Wright, Judy Campbell, Penny Morrison, Catherine Beattie, Darlana Quinn, Tom McLelland

Excused: Bob Elder, Jeanne Rankin, Stephanie Evans

Guests: Jack Smith, Brandon Beattie, Todd Wright

Meeting brought to order @ 7:30 pm

Minutes of May 2015 Board meeting approved as posted in the Newsletter. Donna 1st
Christine 2nd

President's Report:

AKC now has a Community Web Site for clubs. Will be checking on the cost to be listed

Executive Secretary's Report:

Nothing at this time

Home Secretary Report:

Nothing at this time

Treasurer's Report

Everything is paid to date

Vice President's Report:

Nothing at this time, there is no speaker scheduled for the June General Meeting

If anyone has ANY suggestions, topics or persons they would like to see speak/present at any of our General Meetings, Please contact Penny@ pennlcm@yahoo.com.

Show Report:

Nothing at this time

Training Report:

The Armory is starting the remodel project they have talked about for awhile. We have decided to cancel the July 1st Class sign ups due to the remodel and not knowing where we will be holding classes after Aug 1st.

Hospitality:

Thanks for joining us today and bringing yummy food to share.

Trophy Report:

Sept Trophy sign up sheet is created and was passed around. Anyone who would like to sponsor a trophy for the Sept Obedience and Rally classes, please sign the form. Each class sponsored is 10.00 per day. You can sign up for all 3 days or just 1. Getting different ideas for the trophy's. An outdoor blanket and/or umbrella seems to be nice.

Committees:

Advertising – Website updated

Agility – Nothing at this time

Obedience – Will be looking for volunteers for stewards for the Sept Shows.



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Rally –Ditto on above.

Tracking – Have just found out that the word "Nosework" is patented. We will be holding a Tracking Seminar July 10 - 17 2016 (so NEXT year, not this year) More to come on that.

Old Business: None

New Business: None

Next Board Meeting: July 20, 2015 @ Tom McLelland's - 7:30 pm

Next General Meeting: July 27, 2015 @ Columbus Center (in the Gym) – 7:00pm

Motion made to adjourn Penny 1st – Christine 2nd

Meeting ended at 8:38 pm



Proposed General Meeting Minutes of June 2015

Great Salt Lake Dog Training Club General Meeting June 22, 2015

Member Attendance:, Michelle Larsen, Tom & Linda McLelland, Donna & Jack Smith, Rich & Irene Lokcik, Sean & Kathleen Jones, Penny Morrison, Judy Campbell, Jennifer, Heather Snyder, Todd & Christine Wright, Darlana Quinn, Lance Matticks, Dottie Briggs, Catherine Beattie

Board Members Excused: Bob Elder, Jeanne Rankin, Stephanie Evans, George & Dorathy Hart, Wendy & Jeff McCleery

Guests: Teresa Dahl, Mark Kuhn, Robert & Melinda Van

Meeting to order 7:02 pm

General Meeting minutes for April 2015 accepted as submitted. Donna 1st, Christine 2nd, All in favor.

President's Report:

Welcomed all visitors, informed of a new Community website the AKC has for clubs. Will be checking into the cost of being listed.

The Armory is starting their remodel and as of Aug 1st we will no longer be able to hold classes there. Looking into other sites/buildings.

Executive Secretary's Report:

Nothing at this time

Home Secretary's Report:

Voted in 2 new members! Welcome!!

A note to all New & current members: You can find a copy of the clubs Constitution and By Laws, along with all meeting minutes on the clubs website @ <http://gsltdtc.com/> under "Members Page".

Treasurer's Report

Everything is paid to date

Vice President's Report:

Working on getting guest speakers. The summer months seems to be harder to get anyone to commit.

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If ANYONE has any suggestions on a topic or a person they would like see speak at any of our General Meetings, please let Penny know @ pennlcm@yahoo.com

Show Report:

Next show is in Sept. 4 days of agility, 3 days of obedience and rally in conjunction with the BBKA conformation shows in Farmington. Sept 10-13, Anyone who would like to help set up and tear down, we will set up Sept 9th, tear down on that Sunday Sept 13.

Training Report:

NO July 1st class sign ups. Sign up will resume once we know where we will be holding classes after Aug 1st.

Hospitality:

REMEMBER the Annual Summer Picnic/Aug General Meeting is Aug 24th at Germania Park 5243 S Murray Parkway Ave (1070 West) at 7pm. The club will provide meat and drinks, please bring something to share and table settings for your party. We will also be holding a raffle, so if anyone has anything they'd like to donate, please see Michelle or Stephanie.

Darlana will bring Cookies for the July Meeting

Trophy Report:

Trophy Sponsorship sign up sheets are created. If you'd like to sponsor a trophy for Obedience or Rally during the Sept shows, please see Catherine to sign up. You can sponsor a trophy for 1 or more classes in either or both obedience and/or rally for 1 or all 3 days. Each class is 10.00 per day.

Committees:

Advertising – Website up to date.

Agility – Nothing at this time

Obedience – Call out for volunteers to steward for the Sept shows. Please see Donna or Michelle.

Rally – Ditto on above

Tracking – VST Oct 4, 2015.



Old Business: None

New Business: None

Next Board Meeting: July 20, 2015 @ Tom McLelland's – 7:30pm

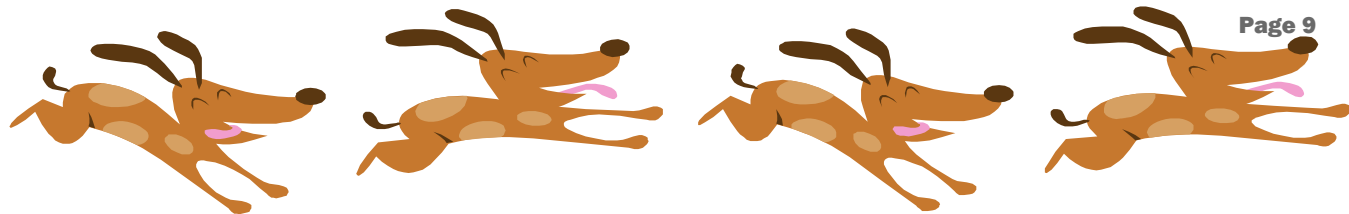
Next General Meeting: July 27, 2015 – Columbus Center 7pm. In the Gym.

Jack motioned and Christine 2nd for meeting to adjourn. All in favor.
Meeting adjourned at 7:32 pm.



We hope everyone had a happy
& safe 4th of July & even more
fun to come on the 24th of July.
Please remember to keep your
pets safe during the
festivities.





Member's Page

Our class sign ups have been put on hold for now as the Armory is starting their remodel and as of Aug 1st, we will not be able to hold classes there. We will keep everyone informed when we have a new location.

From Allison Russell: In February we made the trip to Denver, Colorado where Kato, our Xoloitzcuintli finished his Championship. This was our girl Freyja's, also a Xoloitzcuintli, first weekend out to show, where she received both of her majors. She also received her first best of breed win. She went on to receive a third major at the South Jordan shows in May.



From Wendy McCleery: Monroe.... at just 14 months old finished his championship at the Blackfoot, Idaho shows. He finished after attending 10 AKC shows. Thank you to the following judges

2 points Roger Hartinger

3 points Nancy Popvich

5 points Beverly Capstick (pictured)

1 point Dana Cline

4 points Donavon Thompson

Then.....onto UKC for a championship

Thank you to the following judges

Kathrynne Brown

Sheree Sanchez

Rebecca Harris

Prior to that he earned his STAR Puppy Certificate and Tracking dog title. Monroe is now AKC/UKC CH Just-Wright Full Throttle TD or Odie Monroe to his friends.



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